1 **A new high-resolution pollen sequence at Lake Van, Turkey: Insights into penultimate interglacial-**
2 **glacial climate change on vegetation history**

3 Pickarski, N.[1], Litt, T.[1]

4 [1] *University of Bonn, Steinmann Institute for Geology, Mineralogy, and Paleontology, Bonn, Germany*
5 *Correspondence to:* Nadine Pickarski (pickarski@uni-bonn.de)

6 **Abstract**

7 A new detailed pollen and oxygen isotope record of the penultimate interglacial-glacial cycle, corresponding
8 to the Marine Isotope Stage (MIS) 7-6 has been generated from the 'Ahlat Ridge' (AR) sediment core at
9 Lake Van, Turkey. The presented Lake Van pollen record (c. 250.2-128.8 ka) displays the highest temporal
10 resolution in this region with a mean sampling interval of ~540 years.

11 Integration of all available proxies shows three temperate intervals of high effective soil moisture
12 availability, evidenced by the predominance of steppe-forested landscapes (oak steppe-forest) similar to the
13 present interglacial vegetation in this sensitive semi-arid region between the Black Sea, Caspian Sea, and
14 Mediterranean Sea.

15 The wettest/warmest stage as indicated by highest temperate tree percentages can be broadly correlated with
16 MIS 7c, while the amplitude of tree population maximum during the oldest penultimate interglacial (MIS
17 7e) appears to be reduced due to warm but drier climatic conditions. The detailed comparison between the
18 penultimate interglacial complex (MIS 7) to the last interglacial (Eemian, MIS 5e) and the current
19 interglacial (Holocene, MIS 1) provides a vivid illustration of possible differences of successive climatic
20 cycles. Intervening periods of treeless vegetation can be correlated with MIS 7d and 7a, where open
21 landscape favour local erosion and detrital sedimentation. The predominance of steppe elements (e.g.,
22 *Artemisia*, Chenopodiaceae) during MIS 7d indicates very dry/cold climatic conditions. In contrast, the
23 occurrence of higher temperate tree percentages (mainly deciduous *Quercus*) throughout MIS 7b points to
24 relatively humid and mild conditions, which is in agreement with other pollen sequences in southern Europe.
25 Despite the general dominance of dry/cold desert-steppe vegetation during the penultimate glacial (broadly
26 equivalent to the MIS 6), this period can be divided into two parts: an early stage (c. 193-157 ka BP) with
27 higher oscillations in tree percentages, and a later stage (c. 157-131 ka BP) with lower tree percentages and
28 subdued oscillations. This subdivision of the penultimate glacial is also seen in other pollen records from
29 southern Europe (e.g., MD01-2444 and I-284; Margari et al., 2010; Roucoux et al., 2011). The occurring
30 vegetation pattern is analogous to the MIS 3 to MIS 2 division during the last glacial in the same sediment
31 sequence. Furthermore, we are able to identify the MIS 6e event (c. 179-159 ka BP) as described in marine
32 pollen records, which reveals clear climate variability due to rapid alternation in the vegetation cover.

In comparison with long European pollen archives, speleothem isotope records from the Near East, and global climate parameters (e.g., insolation, atmospheric CO_2 content), the new high-resolution Lake Van record presents an improved insight into regional vegetation dynamics and climate variability in the eastern Mediterranean region.

1. Introduction

The long continental pollen record of Lake Van (Turkey) contributes significantly to the picture of long-term interglacial-glacial terrestrial vegetation history and climate conditions in the Near East (Litt et al., 2014). Based on millennial-scale time resolution (between c. 1-4 ka), the 600,000 year old pollen record already shows a general pattern of alternating periods of forested and treeless landscapes that clearly responds to the Milankovitch-driven global climatic changes (Berger, 1978; Martinson et al., 1987). In that study, the Lake Van pollen record has demonstrated the potential ecological sensitivity for paleoclimate investigations that bridge the southern European and Near East climate realms. Since then, high-resolution multi-proxy investigations of the Lake Van sedimentary record have allowed the systematic documentation of different climatic phases throughout the last interglacial-glacial cycle (Pickarski et al., 2015a, 2015b).

To date, little attention has been focused on characterizing terrestrial sedimentary archives beyond 130 ka. In particular, the detailed vegetation response to climatic and environmental changes in the Near East during the penultimate interglacial-glacial cycle (Marine Isotope Stage (MIS) 7 to 6) has not been thoroughly investigated.

In this context, we present new high-resolution pollen and oxygen isotope data from the 'Ahlat Ridge' composite sequence over the penultimate interglacial-glacial cycle (between c. 242.5-131.2 ka). We have added our recent results to the already existing low-resolution palynological and isotope data from Lake Van published by Litt et al. (2014) and Kwiecien et al. (2014). This enables us to provide new detailed documentation of multiple vegetation and environmental changes in eastern Anatolia by a centennial-to-millennial-scale temporal resolution of ~180 to 780 years. Our record is placed in its regional context by the comparison with several archives from the Mediterranean region, e.g., Lake Ohrid (between Former Yugoslavian Republic of Macedonia and Albania; Sadori et al., 2016), Ioannina basin (NW Greece; Frogley et al., 1999; Roucoux et al., 2008, 2011; Tzedakis et al., 2003a), Tenaghi Philippon (NE Greece; Tzedakis et al., 2003b, 2006), and Yammoûneh basin (Lebanon; Gasse et al., 2011, 2015).

In our study, we address the following questions:

(I)   What kind of regional vegetation occurred during the penultimate interglacial complex? Is the regional vegetation pattern of the oldest penultimate interglacial comparable to the last interglacial (Eemian) and current warm stage (Holocene)?

65　　(II)　　What processes characterized the climatic and environmental responses during the penultimate

66　　　　　glacial? Is this vegetation history similar to the millennial-scale variability recorded during the

67　　　　　last glacial in the same sequence?

68　　(III)　　Does the Lake Van vegetation history correlate with other existing long pollen records from

69　　　　　southern Europe? What are the influencing factors of environmental change in the Near East?

Site description

71　Lake Van is situated on the eastern Anatolia high plateau at 1648 m asl (meters above sea level; Fig. 1) in

72　Turkey. The deep terminal alkaline lake (~3574 km², max. depth >450 m) occupies the eastern continuation

73　of the Muş basin developed in the collision zone between the Arabian and Eurasian plates at ~13 Ma

74　(Reilinger et al., 2006). Regional volcanism of Nemrut and Süphan volcanoes (at 2948 m asl and 4058 m

75　asl, respectively; Fig. 1b), subaquatic hydrothermal exhalations and tectonic activities are still active today,

76　evident by the M 7.2 Van earthquake occurred on October 23, 2011 (Altiner et al., 2013).

77　The present-day climate at Lake Van is continental (summer-dry and winter-wet), with a mean annual

78　temperature of >9°C and mean annual precipitation between 400 and 1200 mm yr^{-1} (Turkish State

79　Meteorological Service, 1975-2008; Table 1). In general, eastern Anatolia receives most of its moisture in

80　winter due to Cyprus low-pressure system within the eastern Mediterranean Sea (Giorgi and Lionello, 2008).

81　At Lake Van, rainfall decreases sharply from south-west (c. 1232 mm a^{-1} in Bitlis) to north-east (c. 421 mm

82　a^{-1} in Erciş; Table 1) due to orographic effects of NWW-SEE running Bitlis Massif parallel to the southern

83　shore of the lake (Fig. 1).

84　Due to the diverse topography at Lake Van, local variations in moisture availability and temperature are

85　quite pronounced, reflected in the modern vegetation distribution. At present, the vegetation cover around

86　Lake Van has been altered by agricultural and pastoral activities. According to Zohary (1973), the southern

87　mountain slopes are covered by the Kurdo-Zagrosian oak steppe-forest belt, containing *Quercus brantii*, *Q.*

88　*ithaburensis*, *Q. libani*, *Q. robur*, *Q. petraea*, *Juniperus excelsa*, and *Pistacia atlantica*. This oak steppe-

89　forest has also been described as 'mixed formation of cold-deciduous broad-leaved montane woodland and

90　xeromorphic dwarf-shrublands' by Frey and Kürschner (1989). In contrast, dwarf-shrub steppes of the

91　Irano-Turanian floral province is dominated by *Artemisietea fragrantis anatolica* steppe, different species

92　of Chenopodiaceae, and grasses with some sub-Euxinian oak-forest remnants (Frey and Kürschner, 1989;

93　van Zeist and Bottema, 1991; Zohary, 1973).

2.　Material and methods

2.1　Ahlat Ridge composite record

96   The sediment archive 'AR' (Ahlat Ridge; 38.667°N, 42.669°E at c. 357 m water depth; Fig. 1) was collected
97   during the ICDP drilling campaign (International Continental Scientific Drilling Program, www.icdp-
98   online.org) 'PALEOVAN' in summer 2010 (Litt and Anselmetti, 2014; Litt et al., 2012). The c. 219 mcblf
99   (meter composite below lake floor) record contains a well-preserved partly laminated or banded sediment
100 sequence, intercalated by several volcanic and event layers (e.g., turbidites; Stockhecke et al., 2014b). For
101 further detailed description of the Lake Van lithology, we refer to Stockhecke et al. (2014b).
102 In this paper, we focus on a 60.1 m long sediment section from 117.19 to 57.10 mcblf representing the time
103 span from c. 250.16-128.79 ka. In this section, we combine new pollen and isotope data with the already
104 existing low-resolution pollen record published by Litt et al. (2014) and oxygen isotope data derived from
105 bulk sediments ($\delta^{18}O_{bulk}$) analyzed by Kwiecien et al. (2014).

2.2 Chronology

107 The analytical approaches applied for the Lake Van chronology have previously been published in detail in
108 Stockhecke et al. (2014a). All ages are given in thousands of years before present (ka BP), where 0 BP is
109 defined as 1950 AD. Marine Isotope Stage (MIS) boundaries follow Lisiecki and Raymo (2004). Main
110 results of the construction of the age-depth model are briefly summarized here.
111 For the investigated period, the age-depth model is based on independent proxy records, e.g., calcium and
112 potassium element ratio (Ca/K) measured by high-resolution X-ray fluorescence (XRF; details in Kwiecien
113 et al., 2014), total organic carbon (TOC; details in Stockhecke et al., 2014b), and pollen data (Litt et al.,
114 2014). For the climatostratigraphic alignment of the presented Lake Van sequence, the proxy records were
115 visually synchronized to the speleothem-based synthetic Greenland record (GL_{T-syn} from 116 to 400 ka BP;
116 Barker et al., 2011). The identifications of TOC-rich sediments containing high Ca/K intensities and
117 increased AP (arboreal pollen) values at the onset of interstadials/interglacials were aligned to the
118 interstadials/interglacial onsets of the synthetic Greenland record by using 'age control points'. Here, the
119 correlation points of the Lake Van sedimentary record have been mainly defined by abiotic proxies (i.e.,
120 TOC) caused by a higher time resolution of this data set in comparison to the pollen samples available
121 during that time. Even if we present a high-resolution pollen record in this paper, leads and lags between
122 different biotic and abiotic proxies related to climate events have to be taken into account.
123 Furthermore, the age-depth model of the presented section (117.2-57.1 mcblf; 250.2-128.8 ka) was
124 improved by adding two paleomagnetic time markers (relative paleointensity minima, RPI), analyzed by
125 Vigliotti et al. (2014), at ~213-210 ka BP (Pringle Fall event; Thouveny et al., 2004) and at ~240-238 ka
126 BP (Mamaku event; Thouveny et al., 2004). In addition, three reliable $^{40}Ar/^{39}Ar$ ages of single crystal dated
127 tephra layer at c. 161.9 ± 3.3 ka BP (V-114 at 71.48 mcblf), c. 178.0 ± 4.4 ka BP (V-137 at 82.29 mcblf),
128 and c. 182 ka BP (V-144 at 87.62 mcblf; Stockhecke et al., 2014b) are used to refine the age-depth model.

2.3 Palynological analysis

For the new high-resolution pollen analysis, 193 sub-samples were taken at 20 cm intervals. The temporal resolution between each pollen sample, derived from the present age-depth model, ranges from ~180 to 780 years (mean temporal resolution c. 540 years).

Sub-samples with a volume of 4 cm³ were prepared using the standard palynological procedures by Faegri and Iversen (1989), improved at the University of Bonn. This preparation includes treatment with 10% hot hydrochloric acid (HCl; 10 min), 10% hot potassium hydroxide (KOH; 25 min), 39% hydrofluoric acid (HF; 2 days), glacial acetic acid ($C_2H_4O_2$), hot acetolysis with 1 part concentrated sulfuric acid (H_2SO_4) and 9 parts concentrated acetic anhydride ($C_4H_6O_3$; max. 3 min), and ultrasonic sieving to concentrate the palynomorphs. In order to calculate the pollen and micro-charcoal (>20 μm) concentrations (grains cm^{-3} and particles cm^{-3}, respectively), tablets of *Lycopodium clavatum* spore (Batch no. 483216, Batch no. 177745) were added to each sample (Stockmarr, 1971). In all spectra, the average of ~540 pollen grains was counted in each sample using a Zeiss Axio Lab.A1 light microscope. Terrestrial pollen taxa were identified to the lowest possible taxonomic group, using the recent pollen reference collections of the Steinmann Institute, Department of Paleobotany as well as Beug (2004), Moore et al. (1991), Punt (1976), and Reille (1999, 1998, 1995). Furthermore, we followed the taxonomic nomenclature according to Berglund and Ralska-Jasiewiczowa (1986).

Pollen results are given as a percentage and concentration diagram of selected taxa (Fig. 2). The diagram includes the total arboreal pollen (AP; trees & shrubs) and non-arboreal pollen (NAP; herbs) ratio (100% terrestrial pollen sum). In order to evaluate lake surface conditions, dinoflagellate cysts and green algae (e.g., *Pseudopediastrum boryanum, P. kawraiskyi, Pediastrum simplex, Monactinus simplex*) were counted on the residues from preparation for palynological analyses. Percent calculation, cluster analysis (CONISS, sum of square roots) to define pollen assemblage zones (PAZ), and construction of the pollen diagram were carried out by using TILIA software (version 1.7.16; ©1991–2011 Eric C. Grimm).

The complete palynological dataset is available on the PANGAEA database (www.pangaea.de; https://doi.org/10.1594/PANGAEA.871228).

2.4 Oxygen isotope analysis

Stable oxygen isotope measurements ($\delta^{18}O_{bulk}$) were made on bulk sediment samples with an authigenic carbonate content of ~30% ($CaCO_3$). Similar to the pollen analysis, 193 sub-samples were taken for the new high-resolution isotope record at 20 cm interval within the penultimate interglacial-glacial cycle. Before measurements were made, the samples were dried at c. 40°C for a least 48 hours and homogenized by a mortar. The isotope analyses were carried out at the Leibnitz-Laboratory, University of Kiel, using a Finnigan GasBenchII with carbonate option coupled to a DELTAplusXL IRMS.

162 All isotope values are reported in per mil (‰), relative to the Vienna Pee Dee Belemnite (VPDB) standard.

163 The standard deviation of the analyses of replicate samples is 0.02‰ for $\delta^{18}O_{bulk}$.

3.   New data from the Lake Van sequence

3.1. The high-resolution pollen record

166 The new palynological results from the penultimate interglacial-glacial cycle are illustrated in a simplified

167 pollen diagram (Fig. 2). Main characteristics of each pollen zone and the interpretation of their inferred

168 dominant vegetation types are summarized in Table 2.

169 The low-resolution pollen sequence, shown in Litt et al. (2014), has already been divided into six pollen

170 assemblage superzones (PAS IIIc, IV, Va, Vb, Vc, VI). This study followed the criteria for the classification

171 of the pollen superzones as described in Tzedakis (1994 and references therein). Based on the new detailed

172 high-resolution pollen sequence compared to the record in Litt et al. (2014), the PAS IV, Va and Vc can

173 now be further subdivided into 13 pollen assemblage zones (PAZ).

174 The pollen diagram provides a broad view of alternation between regional open deciduous oak steppe-forest

175 and treeless desert-steppe vegetation. We were able to recognized three main phases (PAZ Va1, Va3, and

176 during Vc2 and Vc3), where total arboreal pollen percentages reach above 30%. These phases are

177 predominantly represented by deciduous *Quercus* (max. ~56%), *Pinus* (max. ~26%), *Betula* (max. ~8%),

178 and *Juniperus* (max. ~7%). However, AP maxima do not exceed 60-70%, suggesting that 'closed' forest

179 conditions were never established in eastern Anatolia. Mediterranean sclerophylls, e.g., *Pistacia* cf.

180 *atlantica*, are only present sporadically and at very low percentages. During open non-forested periods, the

181 most significant herbaceous taxa are the steppe elements Chenopodiaceae (max. ~76%), *Artemisia* (max.

182 ~56%), and further herbs, such as Poaceae (max. ~54%), Tubuliflorae (max. ~13%), and Liguliflorae (max.

183 ~10%).

184 Throughout the sequence, the total pollen concentration values vary between c. 1700 and 52,000 grains cm^{-3}.

185 ^{3}. During PAZ IV1-6, Va2, Vb, and VI, the pollen concentration is dominated mainly by steppic herbaceous

186 pollen species (between 5000 and 52,000 grains cm^{-3}), whereas PAZ IIIc 6, Va1, Va3, and Vc2-3 consist of

187 tree and shrubs taxa (all above c. 5000 grains cm^{-3}).

188 In total, six green algae taxa were identified in the Lake Van sediments. Fig. 2a presents only the most

189 important *Pseudopediastrum* species. The density of the thermophilic taxa *Pseudopediastrum boryanum*

190 reached maxima values (c. 5500 coenobia cm^{-3}) combined with high AP percentages especially during PAZ

191 Vc2. In contrast, the cold-tolerant species *Pseudopediastrum kawraiskyi* occurred during treeless phases

192 (PAZ IV4-2; max. values c. 2000 coenobia cm^{-3}).

193 Furthermore, we calculated dinoflagellate concentration (probably *Spiniferites bentorii*; cysts cm^{-3}) in order

194 to get additional information about environmental conditions of the lake water (Dale, 2001; Shumilovskikh

6

et al., 2012). The occurrence of *Spiniferites* spp. in lacustrine sediments suggests low aquatic bio-productivity (low nutrient level) and hypersaline conditions (Zonneveld and Pospelova, 2015; Zonneveld et al., 2013). In this study, the concentration of dinoflagellate cysts is high (500-2000 cysts cm^{-3}) during non-forested periods, especially within PAZ IV1, IV3, IV5, Va2, and PAS Vb (Fig. 2a).

The microscopic charcoal concentrations range between 300 and ~3000 particles cm^{-3} during non-forested phases when terrestrial biomass was relatively low (PAZ IV1-5, Va2, Vb and Vc1; Fig. 2a). During forested phases, the charcoal content reaches maxima values of c. 8000 particles cm^{-3} (e.g., in PAZ Va3, Vc4-2).

3.2. The oxygen isotopic composition of Lake Van sediments

The general pattern of Lake Van isotope composition of bulk sediments shows very high-frequency oscillation (Fig. 3). The $\delta^{18}O_{bulk}$ ranges from c. 5.9‰ to -4.6‰. Positive values occur between 250 and 244 ka, 238-222 ka, at 215 ka; 213-203 ka, 192-190 ka, 189-182 ka, and mainly between 171-157 ka and 141-134 ka. Negative isotope composition ($\delta^{18}O_{bulk}$ below 0‰) can be observed at ~241 ka; 221-216 ka; 202-194 ka; at ~181 ka, 178-171 ka, and between 156 and 155 ka.

Previous studies at Lake Van (e.g., Kwiecien et al., 2014; Lemcke and Sturm, 1997; Litt et al., 2012, 2009; Wick et al., 2003) have shown that the stable isotope signature of lake carbonates reflects complex interaction between both several regional climatic variables and local site-specific factors. Such climate variables are the moisture source, in this case the eastern Mediterranean Sea surface water and the storm trajectories coming from the Mediterranean Sea, as well as temperature changes. Furthermore, the lake water itself is related to the seasonality of precipitation (both rain and snowfall; water inflow) and evaporation processes in the catchment area. However, the Lake Van authigenic carbonate $\delta^{18}O_{bulk}$ values are primarily controlled by water temperature and isotopic composition of the lake water (T+$\delta^{18}O_w$; Kwiecien et al., 2014; Leng and Marshall, 2004; Roberts et al., 2008).

At the beginning of terrestrial temperate intervals (e.g., PAZ Vc4, the end of Vb, Va1, and IIIc6), the $\delta^{18}O_{bulk}$ composition of the lake water becomes more depleted (Fig. 3c). According to Kwiecien et al. (2014) and Roberts et al. (2008), negative isotope values at the beginning of temperate intervals document not only enhanced precipitation during winter months but also the significant contribution of depleted snow melt/glacier meltwater during the summer months.

4. Discussion

4.1 Boundary definition and biostratigraphy

Based on long continental records in southern Europe (compiled by Tzedakis et al., 1997, 2001) and in the eastern Mediterranean area (Litt et al., 2014; Stockhecke et al., 2014a), it was shown that there is a broad correspondence between warm climatic intervals, respectively periods of low ice volume as defined by

227   Marine Isotope Stages (MIS; Lisiecki and Raymo, 2004) and terrestrial temperate intervals (forested

228   periods). In the continental, semi-arid Lake Van area it is difficult to use only the expansion of trees as

229   criterion for the lower boundary of a warm stage. Therefore, the climatic boundaries at Lake Van were

230   mainly defined by abiotic proxies (i.e., TOC) caused by a higher time resolution (Stockhecke et al., 2014a).

231   However, we are aware that using different proxies do not necessarily occur at the same time (Sánchez Goñi

232   et al., 1999; Shackleton et al., 2003). Even if we present a high-resolution pollen record in this paper, leads

233   and lags between different biotic and abiotic proxies related to climate events have to be taken into account.

234   In addition, glacial/interglacial transitions (Termination) are near-synchronous global and abrupt climate

235   changes. This scenario includes rising of Northern Hemisphere summer insolation, leading to ice-sheet

236   melting and freshwater supply into the Atlantic Ocean (Denton et al., 2010). In this study, we follow the

237   structure of Termination III at 250 ka, TIIIA at 223 ka, and TII at 136 ka after Barker et al. (2011) and

238   Stockhecke et al. (2014a; Fig. 3, 5).

239   The climatostratigraphical term 'interglacial' and 'interstadial' were originally defined by Jessen and

240   Milthers (1928) on the basis of paleobotanical criteria that are still generally accepted at present time. Here,

241   an interglacial is understood as a temperate period with a climatic optimum at least as warm as the present-

242   day interglacial (Holocene) climate in the same region. An interstadial is defined as a warm period that was

243   either too short or too cold to reach the climate level of an interglacial in the same region. This definition is

244   also valid for the Lake Van region as shown by Litt et al. (2014). In comparison, stadial stages correspond

245   to cold/dry intervals marked by global and local ice re-advances (Lowe and Walker, 1984).

246   **4.2   The penultimate interglacial complex (MIS 7)**

247   According to Litt et al. (2014), the three-marked temperate arboreal pollen peaks (PAS Vc, Va3, and Va1)

248   can be described as an interglacial complex. This general pattern of triplicate warm phases interrupted by

249   two terrestrial cold periods (PAS Vb, PAZ Va2) is characteristic both in marine and ice-core records (MIS

250   7e, 7c, and 7a after Lisiecki and Raymo, 2004), as well as for continental pollen sequences in southern

251   Europe correlated and synchronized by Tzedakis et al. (2001).

252   *Forested periods*

253   Within the penultimate interglacial complex, the three pronounced steppe-forested intervals PAS Vc (113.7-

254   109.1 mcblf, 242.5-227.4 ka), PAZ Va3 (104.2-101.3 mcblf, 216.3-207.6 ka) and PAZ Va1 (99.9-97.0

255   mcblf, 203.1-193.4 ka) can be broadly correlated with the MIS 7e, 7c, and MIS 7a after Lisiecki and Raymo

256   (2004), indicating high moisture availability and/or warmer temperature (Fig. 2a, 3f).

257   The oldest terrestrial warm phase (242.5-227.4 ka, PAS Vc, MIS 7e) starts with the colonization of open

258   habitats by pioneer trees, such as *Betula*, followed by deciduous *Quercus* and sclerophyllous *Pistacia* cf.

atlantica. The occurrence of the frost-sensitive *Pistacia*, as a characteristic feature at the beginning of interglacials in the eastern Mediterranean region, indicates relatively mild winters, but also firmly points to the presence of summer aridity due to higher temperature and evaporation regime (Litt et al., 2014, 2009; Pickarski et al., 2015a; Wick et al., 2003). Similar to the Holocene, the early interglacial spring/summer dryness might be responsible for the delay between the onset of climatic amelioration and of the establishment of deciduous oak steppe-forest as the potential natural interglacial vegetation in eastern Anatolia. Here, the length of the delay depending on local conditions keeping moisture availability below the tolerance threshold for tree growth in the more ecologically stressed areas. Indeed, a reduction of spring rainfall and extension of summer-dry conditions favoured the rapid development of a grass-dominated landscape (mainly *Artemisia*, Poaceae; Fig. 2b). Furthermore, the fire activity rose at the beginning of each warm phase when global temperature increased and the vegetation communities changed from warm-productive grasslands to more steppe-forested environments. Increased fire frequency is clearly visible by high charcoal concentration up to 3000 particles cm^{-3} (Fig. 3e). After Termination III at 243 ka, the vegetation change towards more steppe-forest environments correlates with depleted (negative) $\delta^{18}O_{bulk}$ values, which occur at the beginning of the early temperate stage (c. 242-240 ka; Fig. 3c). As discussed earlier, depleted isotope values reflect intensified freshwater supply into the lake by melting of Bitlis glaciers in summer months favouring high detrital input into the basin (low Ca/K ratio; Fig. 3d) and/or enhanced precipitation during winter months (Kwiecien et al., 2014; Roberts et al., 2008).

The climate optimum of the first warm phase is characterized by significant expansion of temperate summer-green taxa, mainly deciduous *Quercus* (above 20% between c. 240-237 ka), *Pistacia* cf. *atlantica*, *Betula*, and sporadic occurrence of *Ulmus*. The vegetation composition documents a warm-temperate environment with enhanced precipitation during the growing season, which can be supported by depleted isotope values ($\delta^{18}O_{bulk}$ -2.17‰; Fig. 3c). Charcoal maxima (>3000 particles/cm³) correlates, coeval with the delayed expansion of steppe-forest, with more fuel for burning. The gradual shift from depleted to enriched isotope values ($\delta^{18}O_{bulk}$ 5.15‰) indicates a change towards climate conditions with high evaporation rates and/or decreased moisture availability (Kwiecien et al., 2014; Roberts et al., 2008). Here, positive $\delta^{18}O_{bulk}$ values at Lake Van are attributed to evaporative ^{18}O-enrichment of the lake water during the dry season. Furthermore, Kwiecien et al. (2014) described the relation between soil erosion processes and vegetation cover in the catchment area. They defined interglacial conditions related to increased precipitation indicated by higher amount of arboreal pollen and lower detrital input. Our new high-resolution pollen record validates their hypothesis with high authigenic carbonate concentration (high Ca/K ratio, low terrestrial input) along with the increased terrestrial vegetation density (high AP percentages above 50%) during the climate optimum (Fig. 3).

The ensuing ecological succession of the first warm stage is documented by a shift from deciduous oak steppe-forest towards the predominance of dry-tolerant and/or cold-adapted conifer taxa (e.g., *Pinus* and

9

Juniperus; c. 237-231 ka). Especially, high percentages of *Pinus* suggest a cooling/drying trend, which occurred during low seasonal contrasts (low summer insolation and high winter insolation; Fig. 3). *Pinus* (probably *Pinus nigra*) as a main arboreal component of the 'Xero-Euxinian steppe-forest' recently occurs in more continental western and central Anatolia, and in the rain shadow of the coastal Pontic mountain range (van Zeist and Bottema, 1991; Zohary, 1973). Compared to the present distribution of *Pinus nigra* in Anatolia, the Lake Van region was probably more affected by an extended distribution area of pine during the penultimate interglacial as indicated by higher pollen percentages (Holocene below 5%; PAZ Vc2 up to 26%; PAZ Va3 up to 20%; Fig. 4). Holocene pine pollen was mainly transported over several kilometers via wind into the Lake Van basin. Independent of environmental conditions around the lake, the presence of thermophilic algae (i.e., *Pseudopediastrum boryanum*) displays warm and eutrophic conditions within the lake during the late temperate phase.

The presented regional vegetation composition can be described as an oak steppe-forest and marks one of the longest phases of the penultimate interglacial complex, lasting 15,000 years, with a climate optimum between 240 and 237 ka (Fig. 4c). However, this optimum does not appear of very high intensity as suggested by lower development of temperate plants compared to the following warm phase.

The second terrestrial temperate interval (PAS Vb-PAZ Va3; 106.5 -101.3 mcblf; c. 221-207 ka; MIS 7c) starts with a shift from cold/arid desert steppe vegetation (e.g., Chenopodiaceae) to less arid grassland vegetation (e.g., Poaceae, *Artemisia*; Fig. 2b). This was followed by an expansion of *Betula*, high abundance of deciduous *Quercus*, and continued with increased *Pinus* percentages. In this period, the occurrence of *Pistacia* cf. *atlantica* was not as pronounced as during the PAS Vc (MIS 7e), which can be explained by a lower winter insolation (cooler winters; Fig. 3b). Despite all this, the oxygen isotope signature displays similar depleted values ($\delta^{18}O_{bulk}$ up to -3.8‰; Fig. 3c) at the beginning of the middle warm phase, right after the Termination IIIA at 222 ka (Barker et al., 2011; Stockhecke et al., 2014a). In general, the second warm stage shows the highest amplitude of deciduous *Quercus* (peaked at 212.6 ka BP; Fig. 3f) of the entire sequence, which corresponds to the occurrence of the most floristically diverse and complete forest succession in southern European pollen diagrams at the same time (Follieri et al., 1988; Roucoux et al., 2008; Tzedakis et al., 2003b). In fact, deciduous *Quercus* percentages (c. 56%) reach the level of the last interglacial (MIS 5e) and the Holocene forested intervals, representing the most humid and temperate period during the penultimate interglacial complex at Lake Van (Fig. 4; Litt et al., 2014; Pickarski et al., 2015a). Preliminary comparison with pollen records of Tenaghi Philippon (Tzedakis et al., 2003b) and Ioannina basin (Roucoux et al., 2008) suggest that the extent and the diversity of vegetation development is clearly controlled by insolation forcing and associated climate regimes (high summer temperature, high winter precipitation). At Lake Van, the interglacial forest expansion is closely associated with the timing of the Mid-June insolation peak (Tzedakis, 2005). In general, Mediterranean sclerophylls and other summer-drought resistant taxa expanding during the period of max. summer insolation, while thermophilous taxa are

better suited to the less-seasonal climates of the later part of interglacial. Indeed, the highest expansion of deciduous *Quercus* occurs, coeval to *Pinus*, during lowest seasonal contrasts (cooler summer and warmer winters). The different amplitudes in the deciduous tree development might have resulted from higher Mid-June insolation at the beginning of PAZ Va3 (MIS 7c) relative to PAZ Vc4 (MIS 7e, similar to Holocene levels), despite lower atmospheric CO_2 content (c. 250 ppm, Fig. 5; Jouzel et al., 2007; Lang and Wolff, 2011; Petit et al., 1999; Tzedakis, 2005), and thus, mirrored significant variability in regional effective moisture content and/or temperature.

After a short-term climatic deterioration between 207 and 203 ka BP, the spread of *Pistacia* cf. *atlantica*, *Betula*, and the predominance of deciduous *Quercus* characterize the youngest warm phase PAZ Va1 (99.9-97.0 mcblf, 203.1-193.4 ka, MIS 7a) within the penultimate interglacial complex. Similar to the previous warm phases, the deciduous *Quercus* percentages (c. 38%) reach the level of the Holocene forested interval (deciduous *Quercus* c. 40%; Fig. 4). A possible explanation for high thermophilous oak percentages within MIS 7a is the persistence of relatively large tree populations through the cold period equivalent to MIS 7b, which was also established in pollen records from Lac du Bouchet (Reille et al., 2000) and at Ioannina basin (Roucoux et al., 2008).

All three forested stages of the penultimate interglacial complex are clearly recorded in other long terrestrial pollen sequences from Lebanon and southern Europe: (I) the Yammoûneh record (Gasse et al., 2015), (II) the Tenaghi Philippon sequence (Tzedakis et al., 2003b), (III) Ioannina basin (Roucoux et al., 2008), and (IV) the Lake Ohrid sequence (Sadori et al., 2016). Fig. 5 shows that the Lake Van pollen record generally agrees with the vegetation development of the Mediterranean region. However, we have to take into consideration that most southern European sequences, e.g., the Ioannina basin, are situated near to refugial areas, in which temperate trees persisted during cold stages (Bennett et al., 1991; Milner et al., 2013; Roucoux et al., 2008; Tzedakis et al., 2002). In this places, where moisture availability was not limiting, the woodland expansion occurred near the glacial/interglacial boundary (Tzedakis, 2007). Despite this, high-resolution pollen records from the eastern Mediterranean region (e.g., Ioannina basin; Roucoux et al., 2008) suggest that the MIS 7 winter temperature during all of these three warm intervals seem to be lower than during the Holocene and the last interglacial as indicated by smaller populations of sclerophyllous taxa. Reduced thermophilous components were also discussed for the Velay region (Reille et al., 2000), where the warm phases Bouchet 2 and 3 equivalent to MIS 7c and 7a are described as interstadials rather than interglacials. This observation of a cooler MIS in southern Europe contradicts to the vegetation development at Lake Van, where all warm intervals reach the level of the last interglacial and the Holocene. At Lake Van, there seems no reason to define the MIS 7c and MIS 7a as an interstadial, separated from the MIS 7e interglacial.

Non-forested periods

363 The two periods between the three forested intervals, the first part of PAZ Vb (227-221 ka, 109.1-106.5

364 mcblf) and PAS Va2 (208-203 ka, 101.3-99.9 mcblf), are broadly equivalent to MIS 7d and MIS 7a (Lisiecki

365 and Raymo, 2004). At Lake Van, cold periods are generally characterized by: (I) extensive steppe vegetation

366 when tree growth was inhibited either by dry/cold or low atmospheric CO_2 conditions (Litt et al., 2014;

367 Pickarski et al., 2015b), (II) high dinoflagellate concentration (*Spiniferites bentorii*, which tolerates high

368 water salinity conditions and suggest low aquatic bio-productivity; Fig. 2a), and (III) high regional mineral

369 input derived from the basin slopes (low Ca/K ratio; Kwiecien et al., 2014; Fig. 3d).

370 Due to the strongest development of extensive semi-desert steppe plants (mainly Chenopodiaceae above

371 75%) and massive reduction of temperate tree (AP c. 5%; Fig. 2), the first cold phase suggests considerable

372 climate deterioration and increased aridity. Furthermore, this period is marked by large ice volume and

373 extremely low global temperatures, documented by low CO_2 concentration (~210 ppm; Fig. 5) that are

374 nearly as low as those of MIS 8 and 6 (McManus et al., 1999; Petit et al., 1999). Between 227 and 221 ka,

375 the oxygen isotope record displays consistently $\delta^{18}O_{bulk}$ values above 0‰ that reflect dry climate condition

376 in the Lake Van catchment area (Fig. 3c). Such dry and/or cold period within the entire penultimate

377 interglacial complex can also be recognized in all pollen sequences from Lebanon and southern Europe (Fig.

378 5; e.g., Gasse et al., 2015; Roucoux et al., 2008; Tzedakis et al., 2003b). An exception is the Lake Ohrid

379 record, which shows only a minor temperate tree decline (Sadori et al., 2016).

380 In contrast to conventional cold/dry periods at Lake Van, the second cold phase (PAS Va2) recognizes only

381 a slight and short-term steppe-forest contraction. Although the landscape was more open during the youngest

382 phase, moderate values of *Betula*, deciduous *Quercus* (up to 16%) and conifers (*Pinus*, *Juniperus*) formed

383 steppe vegetation with still patchy pioneer and temperate trees. The significantly larger temperate AP

384 percentages (c. 20%) during the PAZ Va2 relative to the PAZ Vb point to milder climate conditions. In

385 addition, the continuous heavier oxygen isotope signature ($\delta^{18}O_{bulk}$ between 1.0-2.4‰) confirms the

386 assumption of milder conditions with higher evaporation rates and more humid conditions. Based on these

387 results, the Lake Van pollen record mirrored the trend seen in various paleoclimatic archives (Fig. 5).

388 Indeed, several pollen sequences from the Mediterranean area and oxygen isotope records suggest that the

389 North Atlantic and southern European region (e.g., Ioannina basin; Roucoux et al., 2008; Fig. 5d) did not

390 experience severe climatic cooling during MIS 7b (e.g., Bar-Matthews et al., 2003; Barker et al., 2011;

391 McManus et al., 1999; Petit et al., 1999). In addition, the global ice volume remains relatively low during

392 the MIS 7b in comparison with other stadial intervals with similarly low insolation values (e.g., Petit et al.,

393 1999; Shackleton et al., 2000). Vostok ice-core sequence also records a relatively high CO_2 content (c. 230-

394 240 ppm) during MIS 7d supporting a slight decline of temperature compared with MIS 7d (CO_2 content c.

395 207-215 ppm; Fig. 5; McManus et al., 1999; Petit et al., 1999).

396 ***Comparison of past interglacials at Lake Van***

397   The direct comparison of the penultimate interglacial complex (MIS 7) with the last interglacial (Eemian,

398   MIS 5e; Pickarski et al., 2015a) and the current interglacial (Holocene, MIS 1; Litt et al., 2009) provides

399   the opportunity to assess how different successive climate cycles can be (Fig. 4).

400   In general, all interglacial climate optima were characterized by the development of an oak steppe-forest,

401   all of which reached the level of the last interglacial and the Holocene, especially the extent of temperate

402   tree taxa. Such dense vegetation cover reduced physical erosion of the surrounding soils in the lake basin.

403   Furthermore, the dominance of steppe-forested landscapes and productive steppe environment led to

404   enhanced fire activity in the catchment area. In addition to these aspects, the MIS 8/7e, MIS 7d/7c as well

405   as the MIS 6/5e boundary in the continental, semi-arid Lake Van region recognized a delayed expansion of

406   deciduous oak steppe-forest of c. 5000 to 2000 years, comparable to the pollen investigations in the marine

407   sediment cores west of Portugal by Sánchez Goñi et al. (2002, 1999). As already shown in high-resolution

408   pollen studies by Wick et al. (2003), Litt et al. (2009), and Pickarski et al. (2015a), a delay in temperate oak

409   steppe-forest refer to the Pleistocene/Holocene boundary as defined in the Greenland ice core from

410   NorthGRIP stratotype (for the Pleistocene/Holocene boundary; Walker et al., 2009) as well as from the

411   speleothem-based synthetic Greenland record (GL$_{T-syn}$; Barker et al., 2011; Stockhecke et al., 2014) can be

412   recognized. The length of the delay depending on slow migration of deciduous trees from arboreal refugia

413   (probably the Caucasus region) and/or by changes in seasonality of effective precipitation rates (Arranz-

414   Otaegui et al., 2017; Pickarski et al., 2015a). In particular oak species are strongly dependent on spring

415   precipitation (El-Moslimany, 1986). A reduction of spring rainfall and extension of summer-dry conditions

416   favoured the rapid development of a grass-dominated landscape (mainly *Artemisia*, Poaceae; considered as

417   competitors for *Quercus* seedlings) and *Pistacia* shrubs in the very sparsely wooded slopes (Asouti and

418   Kabukcu, 2014; Djamali et al., 2010). Furthermore, high intensity of wildfires of late-summer grasslands,

419   at the beginning of each warm period could be responsible for a delayed re-advance of steppe-forest in

420   eastern Anatolia (Arranz-Otaegui et al., 2017; Pickarski et al., 2015a; Turner et al., 2010; Wick et al., 2003).

421   Despite the common vegetation succession from an early to late temperate stage, the three interglacial

422   periods (MIS 7 complex, MIS 5e, and MIS 1) differ in their vegetation composition. One important

423   difference of the last two interglacial vegetation assemblages is the absence of *Carpinus betulus* during MIS

424   7e, 7c, and 7a compared to a distinct *Carpinus* phase during MIS 5e (Pickarski et al., 2015a). In general,

425   *Carpinus betulus* usually requires high amounts of annual rainfall (high atmospheric humidity), relatively

426   high annual summer temperature, and is intolerance of late frost (Desprat et al., 2006; Huntley and Birks,

427   1983). In oak-hornbeam communities, *Carpinus betulus* is replaced as the soils are relatively dry and warm

428   or too wet (Eaton et al., 2016). Compared to the common hornbeam, deciduous *Quercus* species are 'less'

429   sensitive to summer droughts (even below 600 mm/a; Tzedakis, 2007), and therefore, a decrease in soil

430   moisture availability would favor the development of deciduous oaks (Huntley and Birks, 1983). Especially,

431   the deep penetrating roots of *Quercus petraea* allow them to withstand moderate droughts by accessing

432 deeper water (Eaton et al., 2016). However, a variation in temperature is difficult to assess because

433 deciduous oaks at Lake Van include many species (e.g., *Quercus brantii, Q. ithaburensis, Q. libani, Q.*

434 *robur, Q. petraea*) with different ecological requirements (e.g., San-Miguel-Ayanz et al., 2016). Finally, the

435 absence of *Carpinus betulus*, the overall smaller abundances of temperate trees (e.g., *Ulmus*), and the

436 general low diversity within the temperate tree populations during the climate optimum of the first

437 penultimate interglacial compared to the last interglacial indicates warm but drier climate conditions (similar

438 to the Holocene). An exception is the second warm phase (MIS 7c), which reflects one of the largest oak

439 steppe-forest development (e.g., highest amplitude of deciduous *Quercus*) of the entire Lake Van pollen

440 sequence, and thus, represents the most humid and temperate period within the penultimate interglacial

441 complex (see discussion above).

442 Another important difference is the duration of each interglacial period. According to Tzedakis (2005), the

443 beginning and duration of terrestrial temperate intervals in the eastern Mediterranean region is closely linked

444 to the amplitude of summer insolation maxima and less influenced by the timing of deglaciation. Based on

445 this assumption, the terrestrial temperate interval of all penultimate interglacial stages (max. 15.1 ka) is

446 ~4600 years shorter as the terrestrial temperate interval of the last interglacial at Lake Van (~ 19.7 ka,

447 Pickarski et al., 2015a; Fig. 4).

448 **4.3 The penultimate glacial (MIS 6)**

449 The following penultimate glacial, PAS IV between 193.4-131.2 ka (58.1-96.8 mcblf), can be correlated

450 with the MIS 6 (Lisiecki and Raymo, 2004; Fig. 2, 3). General lower summer insolation (Berger, 1978;

451 Berger et al., 2007), increased global ice sheet extent (McManus et al., 1999), and decreasing atmospheric

452 CO_2 content (below 230 ppm; Petit et al., 1999; Fig. 5) are responsible for enhanced aridity and cooling in

453 eastern Anatolia. Such observed climate deterioration is suggested by the dominance of semi-desert plants

454 (e.g., *Artemisia*, Chenopodiaceae) and by the decline in temperate trees (mainly deciduous *Quercus* <5%)

455 similar to that of the last glacial at the same site. High erosional activity (low Ca/K ratio) and decreasing

456 paleofire (Ø ~1400 particles cm^{-3}) result from low vegetation cover with low pollen productivity (Fig. 2, 3).

457 As an additional local factor, the strong deficits in available plant water were possibly stored as ice/glaciers

458 in the Bitlis mountains during the coldest phases.

459 Between 193 and 157 ka BP, high-frequency vegetation (AP between ~1 and 18%) and environmental

460 oscillations (e.g., $\delta^{18}O_{bulk}$ values between -4 to 6‰) in the Lake Van proxies demonstrate a reproducible

461 pattern of centennial to millennial-scale alternation between interstadials and stadials, as recorded in the

462 Greenland ice core sequences for the last glacial (Fig. 3; e.g., NGRIP, 2004; Rasmussen et al., 2014). Such

463 changes indicate unstable environmental conditions with rapid alternation of slightly warmer/wetter

464 interstadials and cooler/drier stadials at Lake Van. In particular at 189 ka, the brief expansion of temperate

465 trees (deciduous *Quercus*, *Betula*) and grasses (Poaceae) combined with rapid variations in the fire intensity

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466 (up to 6 000 particles cm^{-3}, Fig. 3e), decreasing terrestrial input of soil material (Fig. 3d), and negative

467 $\delta^{18}O_{bulk}$ values (-0.2‰) point to short-term humid conditions and/or low evaporation within interstadials.

468 Even if mean precipitation was low, the local available moisture was sufficient to sustain arboreal vegetation

469 when low temperature minimized evaporation. Nevertheless, the landscape around the lake was still open

470 due to still high percentages of dry-climate adapted herbs (e.g., Chenopodiaceae).

471 In contrast, the period after 157 ka BP shows a greater abundance of steppe elements with dwarf shrubs,

472 grasses and other herbs (e.g., Chenopodiaceae, *Artemisia*, *Ephedra distachya*-type) along with lower

473 temperate tree percentages (AP c. 1-8%). The remaining tree populations consist primarily of deciduous

474 *Quercus*, *Pinus*, with some scattered patches of *Betula* and *Juniperus*. The combination of minor AP

475 percentages, the predominance of steppe plants (Fig. 2b), and reduced fire activity reflect a strong

476 aridification and cold continental climate during the late penultimate glacial. In addition, a general low-

477 amplitude variation of $\delta^{18}O_{bulk}$ values (c. -2 to 2‰; Fig. 3b) and an overall high local erosion processes (low

478 Ca/K ratio; Fig. 3c) refer to a rather stable period with both widespread aridity (low winter and summer

479 precipitation) and low winter temperature across eastern Anatolia.

480 The Lake Van record generally agrees with high-frequency paleoenvironmental variations in the ice-core

481 archives, with high-resolution terrestrial European pollen records (e.g., Ioannina basin, Lake Ohrid; Fig. 5),

482 and with the marine pollen sequences from the Iberian margin (Margari et al., 2010) in terms of extensive

483 aridity and cooling throughout the penultimate glacial. Our sequence also shares some features with stable

484 isotope speleothem records from western Israel (Peqi'in and Soreq Cave; Ayalon et al., 2002; Bar-Matthews

485 et al., 2003) concerning high $\delta^{18}O$ values that refer to dry climate conditions. Similar to the Lake Van $\delta^{18}O_{bulk}$

486 values, the Soreq and Peqi'in record also show distinct climate variability, especially at the beginning of the

487 MIS 6 (Fig. 5). In addition, several high-resolution terrestrial records document a further period of abrupt

488 warming events between 155-150 ka BP. In particular, the Tenaghi Philippon profile illustrates a prominent

489 increase of up to 60% in arboreal pollen, which coincides with increased rainfall at Yammoûneh (Gasse et

490 al., 2015) and at Peqi'in Cave (Bar-Matthews et al., 2003). At Lake Van, only a weakened short-term

491 oscillation can be detected in the Ca/K ratio during that time.

492 ***Comparison of the last two glacial intervals at Lake Van***

493 The occurrence of high-frequency climate changes within the Lake Van sediments provides an opportunity

494 to compare the vegetation history of the last two glacial periods. Fig. 6 illustrates that the first part of the

495 penultimate glacial (c. 193-157 ka) resembles MIS 3, regarding millennial-scale AP oscillations and

496 abruptness of the transitions in the pollen record. The series of interstadial-stadial intervals can be

497 recognized in both glacial periods. This variability is mainly influenced by the impact of North Atlantic

498 current oscillations and the extension of atmospheric pattern, in particular, northward shift of the polar front

499 in eastern Anatolia (e.g., Cacho et al., 2000, 1999; Chapman and Shackleton, 1999; McManus et al., 1999;
500 Rasmussen et al., 2014; Wolff et al., 2010).

501 The most distinct environmental variability occurred during MIS 6e (c. 179-159 ka), which can be further
502 divided into six interstadials based on rapid changes in the marine core MD01-2444 off Portugal (Margari
503 et al., 2010; Roucoux et al., 2011; Fig. 6). They document abrupt climate oscillations below orbital cycles
504 similar to the Dansgaard-Oeschger (DO) events or Greenland Interstadials (GI) over the last glacial stage
505 (e.g., Dansgaard et al., 1993; Rasmussen et al., 2014; Wolff et al., 2010). At Lake Van, the MIS 6e reveals
506 a clear evidence of climate variability due to rapid alternation in abiotic and biotic proxies such as oxygen
507 isotopes, Ca/K ratio, and pollen data similar to the largest DO 17 to 12 during MIS 3 (c. 60-44 ka BP;
508 Pickarski et al., 2015b). Both intervals, MIS 6e and MIS 3, started at the point of summer insolation maxima.
509 Here, the Northern Hemisphere insolation values reached interglacial level at the beginning of MIS 6e
510 comparable with MIS 7e (Fig. 5). In contrast, the interstadial-stadial pattern during the late MIS 6 oscillated
511 at lower amplitude, similar to rates of change in the Dansgaard-Oeschger (DO) events during MIS 4 and 2,
512 reflecting a general global climatic cooling.

513 Within the MIS 6e, the subdued temperate tree pollen oscillations consist mainly of deciduous *Quercus* and
514 *Pinus*, range between ~1 and 15%. In contrast, the identical AP composition oscillates between ~1 and 10%
515 during the orbitally equivalent MIS 3 (c. 61-28 ka; Pickarski et al., 2015b). The different amplitude in
516 arboreal pollen percentages in both glacial stages and a general dense temperate grass steppe during the MIS
517 6e suggest more available moisture (Fig. 6). Depleted isotope signature may result from summer meltwater
518 discharge from local glaciers (e.g., Taurus mountains, Bitlis Massif) or by increased precipitation identified
519 by climate modeling experiments over the eastern Mediterranean basin (e.g., Stockhecke et al., 2016).
520 However, the presence of *Artemisia* and Poaceae makes it difficult to disentangle the effects of warming
521 from changes in moisture availability in both glacials. Nevertheless, the abundance of *Pinus*, *Ephedra*
522 *distachya*-type as well as the cold-tolerant algae *Pseudopediastrum kawraiskyi* indicates colder/wetter
523 climate conditions during MIS 6e compared to MIS 3.

524 Evidence for relatively humid but cold climate conditions during MIS 6e agrees with several other
525 paleoclimate studies from the Mediterranean area. For example, the occurrence of open forest vegetation
526 associated with wetter climate is indicated at, e.g., Tenaghi Philippon (Tzedakis et al., 2006, 2003b) and
527 Ioannina (Roucoux et al., 2011). In addition, isotopic evidence of the stalagmites record from the Soreq
528 Cave (Israel) shows enhanced rainfall (negative shift in the $\delta^{18}O$ values) in the eastern Mediterranean at
529 ~177 ka and between 166-157 ka BP (Fig. 5; Ayalon et al., 2002; Bar-Matthews et al., 2003). Furthermore,
530 a pluvial phase is also inferred from a prominent speleothem $\delta^{18}O$ excursion in the Argentarola Cave (Italy)
531 between 180 and 170 ka BP based on U/Th dating (Bard et al., 2002). This phase coincides with maximum
532 rainfall conditions during MIS 6.5 event, coeval with the deposition of the 'cold' sapropel layer S6 (c. ~176
533 ka BP) in the western and eastern Mediterranean basin (Ayalon et al., 2002; Bard et al., 2002). Finally, the

progressive decline in effective moisture is a result of the combined effect of temperature, precipitation and insolation changes in the Lake Van region.

5. Conclusions

1. The new high-resolution Lake Van pollen record provides a unique sequence of the penultimate interglacial-glacial cycle in eastern Anatolia (broadly equivalent to the MIS 7 and MIS 6) that fills the gap in data coverage between the northern Levant and southern Europe. It reveals three steppe-forested intervals that can be correlated with MIS 7e, 7c, and 7a. Intervening periods of more open, herbaceous vegetation are correlated with MIS 7d and 7b.

2. During the penultimate interglacial complex, high local and regional effective soil moisture availability is evident by a well-developed temperate oak steppe-forest with pistachio and juniper, high charcoal accumulation, and reduced physical erosion during the climate optima.

3. In contrast to south-western Europe, all three terrestrial warm intervals of MIS 7 are characterized by clear interglacial conditions. The largest oak steppe-forest expansion in the Lake Van region within the penultimate interglacial complex occurred during the terrestrial equivalent of the MIS 7c instead of MIS 7e. This underlines the different environmental response to global climate change in the continental setting of the Near East compared to global ice volume and/or greenhouse gas.

4. The eastern Mediterranean Lake Van pollen sequence is in line with data from long-term climate records from southern Europe and the northern Levant, in terms of vegetation changes, orbitally-induced fluctuations, and atmospheric changes over the North Atlantic system. However, the diversity of tree taxa in the Lake Van pollen spectra seems to be rather low compared to southern European terrestrial interglacials and their forest development.

5. During the penultimate glacial, strong aridification and cold climate conditions are inferred from open desert-steppe vegetation that favors physical erosion and local terrigenous inputs. In particular, our record reveals high temperate oscillations between 193-157 ka BP, followed by a period of lower tree variations and the predominance of desert-steppe from 157-131 ka BP that highlighted Dansgaard-Oeschger-like events during the MIS 6.

Data availability: The complete pollen data set is available online on the PANGAEA database (https://doi.org/10.1594/PANGAEA.871228).

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843

Figures

845 **Fig. 1:** Map of the eastern Mediterranean region showing major tectonic structures in Turkey. (a) Location

846 of key Mediterranean and Near East pollen sites (stars) and speleothem records (triangle) mentioned in the

847 text. (b) Bathymetry of Lake Van including the Ahlat Ridge drill site (AR, star). The black triangle indicates

848 the positions of the active Nemrut and Süphan volcanoes. NAFZ: North Anatolian Fault Zone; EAFZ: East

849 Anatolian Fault Zone; BS: Bitlis Suture.

850 **Fig. 2:** Pollen diagram inferred from Lake Van sediments plotted against composite depth (mcblf) and age

851 (ka BP). (a) Selected arboreal pollen abundances are expressed as percentages and concentrations of the

852 pollen sum (black curves), which excludes bryophytes, pteridophytes, and aquatic taxa. Rare taxa are

853 summed and presented as 'Other AP'. Selected arboreal pollen concentration (grains per cm³; red bars) is

854 also given. Concentrations of green algae (*Pseudopediastrum boryanum*, *P. kawraiskyi*, coenobia per cm³;

855 black bars), dinoflagellates (cysts per cm³; black bars), and charcoal particles (>20 µm, particles per cm³;

856 black bars) are presented. (b) Selected pollen percentages diagram for non-arboreal taxa and key aquatic

857 herbs (grey curves). Percentages and concentrations are calculated as for arboreal pollen. Rare taxa are

858 summed as 'Other NAP'.

859 Pollen assemblage superzones (PAS) and zones (PAZ, grey dashed lines) are indicated on the right and

860 described in Table 2. Intervals characterized by oak steppe-forest (AP >30%) are marked in each diagram

861 (grey box). An exaggeration of the pollen curves (x10; white curves) is used to show low variations in pollen

862 percentages.

863 **Fig. 3:** Comparative study of Lake Van paleoenvironmental proxies during the penultimate interglacial-

864 glacial cycle. (a) LR04 isotopic record (in ‰ VPDB) with Marine Isotope Stage (MIS) boundaries (grey

865 bars) following Lisiecki and Raymo (2004); (b) Insolation values (40°N, Wm^{-2}) after Berger (1978) and

866 Berger et al. (2007); (c) Lake Van oxygen isotope record $\delta^{18}O_{bulk}$ (‰ VPDB; new analyzed isotope data

867 including the already published isotope record by Kwiecien et al., 2014); (d) Calcium/potassium ratio

868 (Ca/K) after Kwiecien et al. (2014); (e) Fire intensity at Lake Van (>20 µm, charcoal concentration in

869 particles cm^{-3}); (f) Selected tree percentages (total arboreal pollen (AP), deciduous *Quercus*, and *Pinus*)

870 including the pollen data from Litt et al. (2014). PAZ – Pollen assemblage zone. Termination III at 250 ka,

871 TIIIA at 223 ka and TII at 136 ka are indicated after Barker et al. (2011) and Stockhecke et al. (2014a).

872 **Fig. 4:** Comparison of (a) current interglacial (MIS 1; Litt et al., 2009) with (b) last interglacial (MIS 5e;

873 Pickarski et al., 2015a), and (c) penultimate interglacial complex (MIS 7; this study) at Lake Van. Shown is

874 the insolation values (40°N, Wm^{-2}) after Berger (1978) and Berger et al. (2007), the Lake Van arboreal

875 pollen (AP) concentration (grains cm^{-3}, brown line), and the Lake Van paleovegetation (AP, deciduous

Quercus, and *Pinus* in %). The grey boxes mark each steppe-forest intervals. Marine Isotope Stage (MIS; Lisiecki and Raymo, 2004) and the length of each interglacial (MIS 5e, 7a, 7c, and 7e, black arrows) are indicated.

Fig. 5: Comparison of Lake Van pollen archive with terrestrial, marine and ice core paleoclimatic sequences on their own timescales. (a) Total arboreal pollen (AP %) and deciduous *Quercus* curve from Lake Van (this study); (b) Arboreal pollen percentages from Yammoûneh basin (Lebanon; Gasse et al., 2015); (c) AP including (green) and excluding (light green) *Pinus* and *Juniperus* (PJ) percentages of the Tenaghi Philippon record (NE Greece; Tzedakis et al., 2003b); (d) AP sequence from Ioannina basin including (orange) and excluding (light orange) *Pinus*, *Juniperus*, and *Betula* (PJB) (NW Greece; Roucoux et al., 2011, 2008); (e) Lake Ohrid pollen record (AP %; Macedonia, Albania; Sadori et al., 2016); (f) Stable oxygen isotope record of Lake Van ($\delta^{18}O_{bulk}$ data including the already published isotope record of Kwiecien et al., 2014); (g) Peqi'in and Soreq Cave speleothem records (Israel; M. Bar-Matthews & A. Ayalon, unpubl. data); (h) Synthetic Greenland ice-core record (GL_{T-syn}; Barker et al., 2011); (i) Atmospheric CO_2 concentration from Vostok ice core, Antarctica (Petit et al., 1999); (j) Mid-June and Mid-January insolation for 40°N (Berger, 1978; Berger et al., 2007). Bands highlights periods of distinctive climate signature discussed in the text. Black dots mark significant interstadial periods. Marine Isotope Stages is also shown (MIS; Lisiecki and Raymo, 2004). Termination III at 250 ka, TIIIA at 223 ka and TII at 136 ka after Barker et al. (2011) and Stockhecke et al. (2014a).

Fig. 6: Comparison of the (a) last glacial period (MIS 4-2; Pickarski et al., 2015b) with the (b) penultimate glacial (this study) characteristics at Lake Van. Shown is the insolation values (40°N, Wm^{-2}) after Berger (1978) and Berger et al. (2007), the $\delta^{18}O$ profile from NGRIP ice core (Greenland; NGRIP members, 2004) labeled with Dansgaard-Oeschger (DO) events 1 to 19 for the last glacial period, the $\delta^{18}O$ composition of benthic foraminifera of the marine core MD01-2444 (Portuguese margin; Margari et al., 2010) for the penultimate glacial, and the Lake Van paleovegetation with AP % (shown in black), AP in 10-fold exaggeration (grey line), Poaceae, deciduous *Quercus*, and *Pinus*. The grey boxes mark the comparison between the different paleoenvironmental records of pronounced interstadial oscillations. Marine Isotope Stage (MIS; Lisiecki and Raymo, 2004) and informally numbered interstadials of the MD01-2444 record are indicated (Margari et al., 2010).

904 **Tables:**

905 **Table 1:** Present-day climate data at Lake Van (see Fig. 1 for the location). Data were provided by the
906 Turkish State Meteorological Service (observation period: 1975-2008.

Station	Coordinates			Mean temperature (°C)			Mean precipitation (mm)		
	Latitude (°N)	Longitude (°E)	Altitude (m asl)	Jan.	July	Year	Jan.	July	Year
Bitlis	38°24'	42°06'	1551	-2.0	22.0	9.4	161	5	1232
Tatvan	38°30'	42°17'	1690	-3.2	21.9	8.7	95	7	816
Erciş	39°20'	43°22'	1750	-6.0	21.8	7.7	31	7	421
Van	38°27'	43°19'	1661	-4.0	22.2	9.0	35	4	385

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908 **Table 2:** Main palynological characteristics of the Lake Van pollen assemblage superzones (PAS) and zones
909 (PAZ) with composite depth (mcblf), age (ka BP), criteria for lower boundary, components of the pollen
910 assemblage (AP: arboreal pollen, NAP: non-arboreal pollen), green algae concentration (GA: low <1000;
911 high >1000 coenobia cm^{-3}), dinoflagellates concentrations (DC: low <100; high >100 cysts cm^{-3}), charcoal
912 concentrations (CC: low <2000; moderate 2000-4000; high >4000 particles cm^{-3}) and their inferred
913 dominated vegetation type during the penultimate interglacial-glacial cycle. Marine Isotope Stages (MIS)
914 after Lisiecki and Raymo (2004) were shown on the right.

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